

# 8th free Aitong Medical Camp

## 2019 REPORT



[www.landandlife.foundation](http://www.landandlife.foundation) | [info@landandlife.foundation](mailto:info@landandlife.foundation)



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## Forward

2019 has been a great year for our community in Aitong. We ran our 8<sup>th</sup> successful free medical camp between 29<sup>th</sup> and 31<sup>st</sup> October 2019. A total of 961 patients were seen and treated free of charge by our group of volunteer doctors from Kenya and overseas. This brings the total number of patients treated since inception to over 5,400. It was also a wonderful year for us at Land & Life Foundation because we forged new partnerships. We are excited that The Angama Foundation and Maasai Mara Wildlife Conservancies Association (MMWCA) came on board to support us in cash and in kind. This is a clear indication that our visibility and impacts are now being felt more than ever.

Cervical cancer is the second most common cancer amongst women aged 15-49 years old. It is one of the only cancers that can be prevented before it develops through vaccination and screening. Screening with the appropriate test allows doctors to determine if a woman is at risk and, if they are, what needs to be done to prevent them from developing the disease. On 18<sup>th</sup> October 2019, Kenya's President Uhuru Kenyatta launched a HPV vaccination campaign aimed at protecting women against this cancer. The vaccine against Human Papillomavirus (HPV) was and will continue to be administered to girls and women aged 10 years and above. The vaccine is available in all public health facilities, as well as private, faith-based and Non-Governmental Organization health facilities.

In line with this nationwide initiative, together with our partners we embarked on a HPV self-collection campaign in Aitong from 14<sup>th</sup> to 20<sup>th</sup> October. The samples were obtained by the women themselves, using a brush. We were cognizant of the fact that uptake would be higher if we eliminated pelvic exams. This is because some women especially those who have experienced abuse or are otherwise marginalized may find self-sampling preferable due to cultural or religious inhibitions as well embarrassment or discomfort associated with pelvic exams. We are happy to report that 138 women braved heavy rains and showed up in Aitong during the campaign. Their samples were sent to a lab that specializes in DNA testing. All women who tested were asked to collect their results during the free medical camp. 32 of the women tested positive for HPV. Out of these, 11 had biopsy specimens taken. The specimens are being tested further to rule out cervical cancer.

We believe that HPV screening using the self-collection method will continue to play an important role in allowing early detection and treatment and will achieve a maximal impact on cervical cancer prevention. Screening can detect cancer at an early stage enabling women to receive treatment when it is highly effective. This and the increasing availability of HPV vaccination for women and girls, and the potential for reduction of the possibility of developing cervical cancer later in life. This however, does not eliminate the need for regular screening when women get older and that is why we keen to make this a long term project.

Looking ahead, we hope to garner even more partnerships in 2020 so that we can take our community one step closer to realizing their desire for a good, healthy future.

*Hannah Wood*

Hannah Wood  
General Manager



## Acknowledgement



Dr. Claudia Mason, Gynaecologist

selflessness and remarkable spirit of service. We single out Oasis Healthcare our partner organization that has continued to provide us with dynamic and self-motivated team of doctors each year.

Land& Life Foundation would like to acknowledge the support of our partners who have lent us a hand year in year out. We appreciate the enthusiasm and support of Aitong Health Centre staff who were with us from the first strategy meeting. They demonstrated commitment, enthusiasm and teamwork.

We appreciate the support from the top management in Aitong. We would like to single out Mr. John Sankok the director of CHP facilities for his guidance and invaluable advice.

We would like to say a very special thanks to Dr. Claudia Mason the lead gynecologist. She portrayed tremendous dedication, compassion and commitment. Her support both in cash and in kind is unparalleled. Special thanks also go to our enthusiastic and energetic team of doctors for their



Cecilia, Manager at Saruni (R) interacting with the mothers

We very much appreciate and recognize Safarilink Aviation for their unwavering support throughout the years. They provided us with 9 free flights for our volunteer doctors.

We say *asante sana* (thank you very much) to Kicheche Community Trust, Kicheche Camps, Elewana Elephant Pepper Camp, The Elewana Collection, Cheli & Peacock Community Trust, Mara North Conservancy (MNC), Saruni and The Angama Foundation for financial and logistical support. A big thank you to Ministry of Health, Narok West for providing us with medical supplies. We appreciate Maasai Mara Wildlife Conservancies Association (MMWCA) for providing volunteer staff and media coverage during the event.

To our wonderful community in Aitong we say Ashe Oleng! (Thank you very much!) for your collaboration and wonderful relationship that we have continued to enjoy throughout the years!

From: The Land & Life Foundation team!

## Event details

8<sup>th</sup> Free medical camp focused on gynecology, pediatrics, dentistry, dermatology and general medicine. The event was held from Tuesday 29<sup>th</sup> to Thursday 31<sup>st</sup> October from 9.00 a.m. to 4.00 p.m.



Nathalie (L), Dr. Karen (M) and Dr. Mason (R)

### Doctors in attendance:

1. Dr. Adem Amenge (Pediatrician)
2. Dr. Beryl Munda (GP)
3. Dr. Bruce Semo (Gynecologist)
4. Dr. Claudia Mason (Gynecologist)
5. Dr. Geert Versyck (Dentist)
6. Dr. Karen Vermeersch (Dermatologist)
7. Dr. Vivyane Wamara (GP)



Dr. Adem (L), Dr. Beryl (M) and Dr. Semo (R)

### Aitong Clinic staff:

1. Jonathan Koikai (Clinical Officer)
2. Joshua Naimasia (Pharmacy)
3. Susan Cherop (Lab Technician)
4. Jonathan Lekireu (Health Record Officer)
5. Alex Nkoitai (Treatment supporter for HIV)
6. James Sopia (HIV counselor)
7. Koya William (Field Supervisor)
8. Dominic Rono (Nurse)
9. Lorna Kitamoni (Social Worker)
10. Grace Pesi (Nurse)
11. Jackson Ladama (Subordinate staff)
12. Moses Miyion (Subordinate staff)



Aitong Health Centre team

### Land & Life Foundation staff:

1. Caroline Ng'ang'a
2. Steve Raburu
3. Millicent Kimaita

### Kicheche Staff:

1. Nathalie Leen
2. Hudson Saigilu

### MMWCA staff

1. Emmanuel Kisemei
2. Grace Nduta



## Publicity and advertisements

We used several means to publicize and advertise the medical camp. These include radio talk shows and classifieds, radio and t.v interviews, inter-personal communication, street posters and banners and text messages.



**RADIO CITIZEN**

Our Aitong story was aired on the national Kenya Television Network (KTN), Radio Citizen and Radio Mayian the Maa vernacular station.



According to GeoPoll a consumer research company, KTN television enjoys 11% of Kenya's market share and comes only second to Citizen TV which enjoys 26%. Radio Citizen owned by Royal Media Services is the most listened to radio station with a general listenership of 1.1 million people per day. Radio Mayian on the other hand owned by Mediamax has a listenership of about half a million a day.



The medical camp was also featured in the latest edition of Safarilink's 'The Link' that has a readership of 36,000 per month.



Safarilink's 'The Link'

**KAMBI YA BURE YA MATIBABU AITONG**  
**Wanaume | Wanawake | Wazee | Vijana | Watoto**  
**Tarehe 29 - 31 October**  
**Ukumbi wa Aitong Health Centre, Saa 9.00 - 4.00**

"Tushinkianie na wahifadhi wa wanyama pori ili jamii yetu ifaidike"

**CHP**  
Conservation Health Project

**KICHECHE**  
Conservation Health Project

**MHIF**  
Marathon Health Initiative Fund

**Safarilink**

**OASIS HEALTH**  
Support for better

**Elephant Pepper Camp**  
Wildlife Conservation

**MARIA NORTH CONSERVANCY**  
PROTECTED RESPONSIBILITY IN CONSERVATION

**Safarilink**

**KICHECHE**  
Conservation Health Project

**LAND & LIFE FOUNDATION**

Land & Life Foundation | Lengai House, Wilson Airport Nairobi | P.O. Box 743, 00517 | Uhuru Gardens, Nairobi, Kenya  
 Tel: +254 730 127000 | info@landandlife.foundation | www.landandlife.foundation



Street banner and posters

## In pictures



John Sankok – Dictor CHP facilities promoting the 8<sup>th</sup> free annual medical camp at Radio Mayian



Aitong staff standing next to the street banner



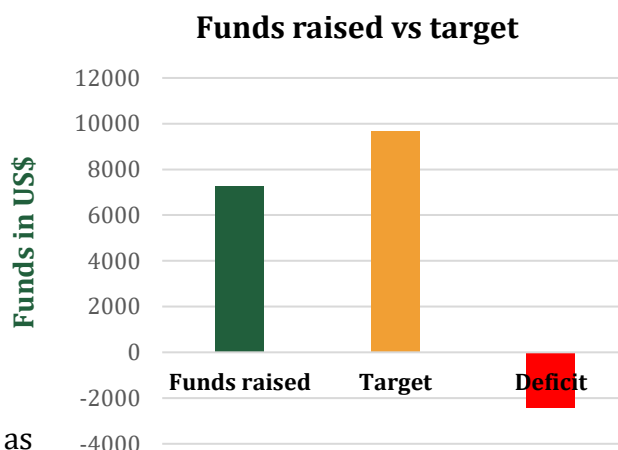
Koikai, Carol and Hudson at Radio Mayian during the HPV self collection campaign 14<sup>th</sup> – 20<sup>th</sup> October



Koikai answering questions from the media

## Budget

This year's total expenditure was \$9,660. It covered the cost of the medical supplies, publicity campaign, camp license and foreign doctors' permits, stationery and supplies, stipend for clinic staff and translators as well as hot lunches for the entire team. Total income received from donors and partners was \$7,250 presenting a deficit of \$2,410. Together with our friends and supporters we made our contributions as follows:



### Target vs actual budget

#### 1. Land & Life Foundation

- Provided all the administrative support that includes processing all the paper work required for the camp licensing, marketing and publicity, data collection, triage, doctors' consultations and logistics and gave donations of baby clothes. Land & Life with support from Dr. Claudia Mason and various donors contributed \$3,100 and covered the deficit of \$2,410.

#### 2. Kicheche Camps and Kicheche Community Trust

- provided a monetary donation of \$1,900, brought in a dentist and a dermatologist, free accommodation for 4 doctors, road transportation and meals.

	Budget item	Cost
1	Medical Supplies	\$5,092
2	Publicity and radio campaign	\$2,621
3	Contingency	\$240
4	Stipend for clinic staff and translators	\$432
5	Lunch for the team	\$362
6	Airport taxes	\$240
7	Camp license and doctor's temporary permits	\$650
8	Stationery & consumables	\$21
	<b>Grand total</b>	<b>\$9,660</b>

#### 3. Safarilink

##### Aviation

- provided 9 free flights and 4 on rebate for the team

#### 4. Elewana

##### Elephant Pepper Camp

- provided free road transport, meals and accommodation for 4 doctors and the

L&L team.

#### 5. Saruni Mara

- provided free logistics, free marketing and publicity, hot lunch for the entire team for one day and a monetary donation of \$500

#### 6. Elewana and Cheli & Peacock Safaris

- gave a monetary donation of \$500

#### 7. Mara North Conservancy

- gave a monetary donation of \$500, provided free marketing and publicity

#### 8. Angama Foundation: gave a monetary donation of \$750

#### 9. Oasis Healthcare: provided 6 volunteer medical doctors

#### 10. Aitong Medical Centre: gracious host of our annual medical camp. Provided the clinic staff and translators.



## Survey and statistics from the camp

### At a glance

#### FEW STATS FROM THE CAMP

**138 WOMEN**

did the free HPV self-collection sampling



**WOMEN 45**



received various methods of family planning

**961 PATIENTS**

who seen and treated during the medical camp



**DOCTORS 7**



volunteered in this year's medical camp

**75%**

of the respondents heard about the medical camp on radio

**RADIO**



**PARTNERS**

**12**



who came on board to support us in cash and in kind

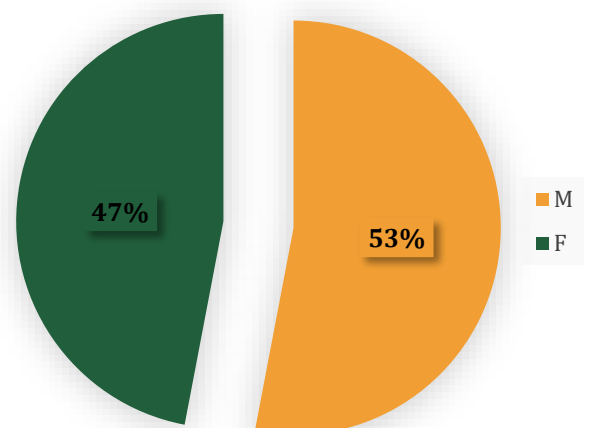
For more information visit our website and write to us on:  
[www.landandlife.foundation](http://www.landandlife.foundation) | [info@landandlife.foundation](mailto:info@landandlife.foundation)

Over the years we have conducted surveys to find answers to our community's attitude and behaviour towards our interventions, monitor, and measure and evaluate our impacts. The surveys have helped us gather meaningful information about what motivates our community's information seeking behaviour as well as what is most important to them. Surveys have also helped us base our decisions on objective information provided directly from the community. This has further helped us compare outcomes over time. This valuable feedback is the baseline we use to establish our benchmark from which to compare results over the years.

#### Sampling

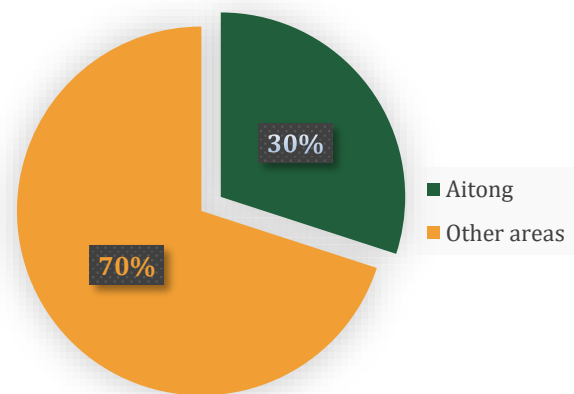
Our sample comprised of 100 respondents randomly selected. Out of these 47 were female and 53 were male all aged between 14 and 90 years.

Gender of the sampled population



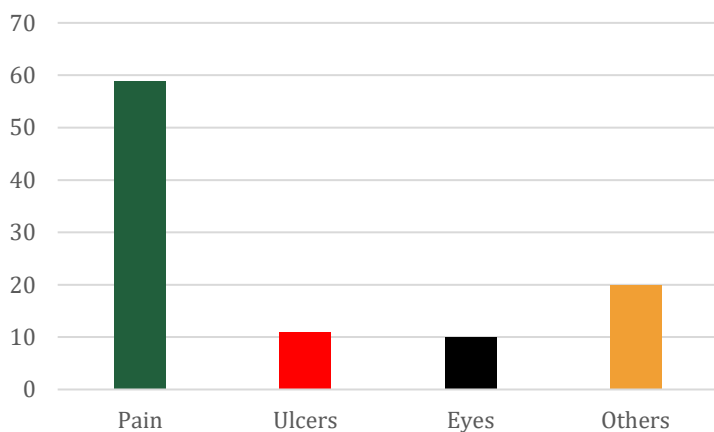
It is important for us to know where our patients are from and we posed this question to our respondents. From their responses 30% came from Aitong town, the rest came from *Engengoirie, Lemek, Kilgoris, Mara Rianda, Olderkesi, Emarti Ololoruk, Ngwasani, Trans Mara* and their environs. This gives us a good indication that the medical camp campaign reached far flung areas. This also tells us that there continues to be a high demand for free medical services in this area

**Where respondents are from?**



We further asked them what their reasons for attending the free medical camp were – 59% of

**Reasons for seeing a doctor**

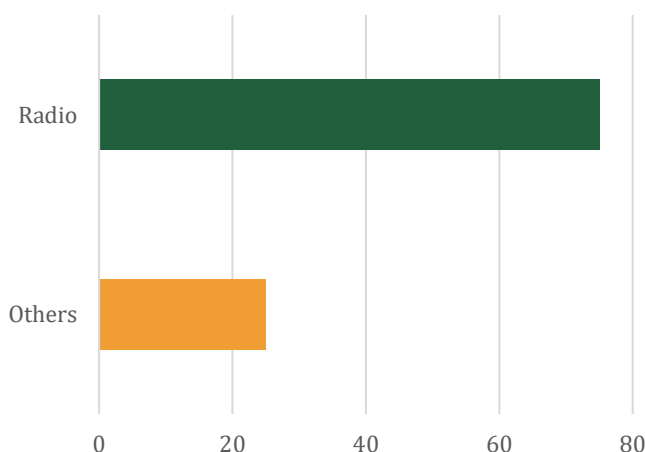


the respondents said aches and pains that included tooth ache, chest, leg, stomach and back pains. 11% cited ulcers, 10% had eye related problems, while the remainder had come to see the dermatologist for skin related ailments, gynaecologists and paediatrician.

This finding supports the doctors' observation that a large majority of the population suffers from pain related ailments linked to poor diet, old age, poor posture as well as nature of their lifestyle which is largely semi-nomadic.

We sought to find out how the respondents heard about the medical camp and 75% of them heard about it through Radio Mayian – the most listened to radio station in the area. The

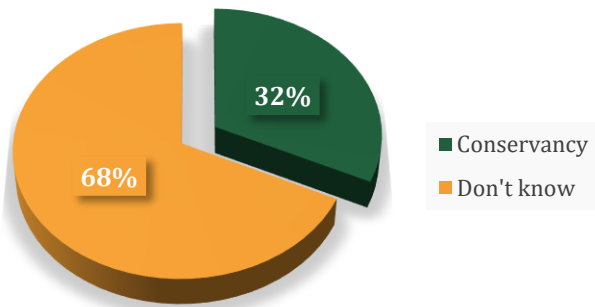
**How the heard about this year's medical camp?**



remaining 25% heard about it from friends and family and Aitong staff. Notably very few saw the posters we had displayed within and outside Aitong. This tells us that radio is supreme and remains a powerful medium of communicating, mobilizing and reaching our community. Of note, this year we did run two radio talk shows one during the HPV self-collection campaign and the second towards the end of the medical camp campaign. In attendance were Jonathan Koikai and John Sankok who addressed issues around HPV and Cervical cancer screening.



### Who sponsored this year's camp?

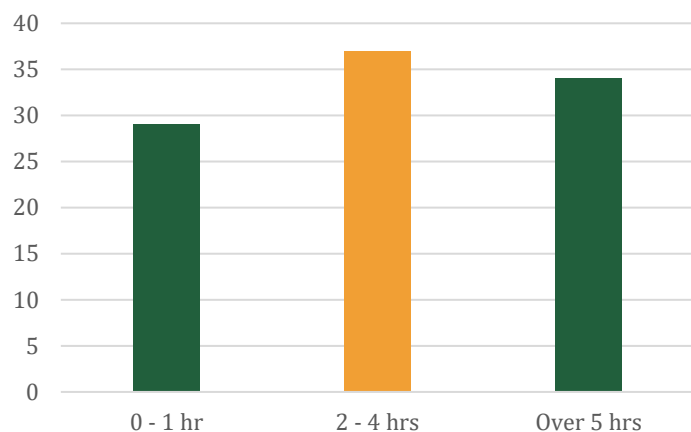


We wanted to find out from the respondents if they knew who sponsored this year's medical camp. 32% correctly stated that the conservancy did. The remaining 68% didn't know. A lot still needs to be done at the grass roots to help our communities understand the linkages between wildlife tourism and its benefits to the community as well as and who their main partners are.

We strive to improve our service delivery and improve patients' experience by making sure that we minimize the amount of time they wait in the queues. We asked them how long they had waited to see the doctors and 29 said between 0 minutes to an hour, 37 said

between 2 - 4hrs and 34 over 5 hours. This was a marked improvement from last year. What we did differently this year was manage the queues better by designating personnel to man the triage area making sure that the patients knew which doctors to see and which queue to follow.

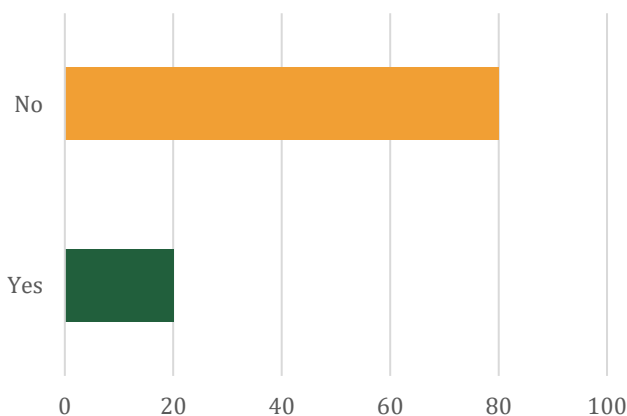
### How long did they queue?



We wanted to find out whether the respondents we spoke to attended last year's camp and 80% said no while 20% said yes. This greatly differs from

last year when we had almost half of the respondent having been repeat attendees. This is energizing news to us because it means that we are reaching and attending to new populations. This we believe gives as great insight on how extensive our work is reaching. However, we still feel that more needs to be done in this community.

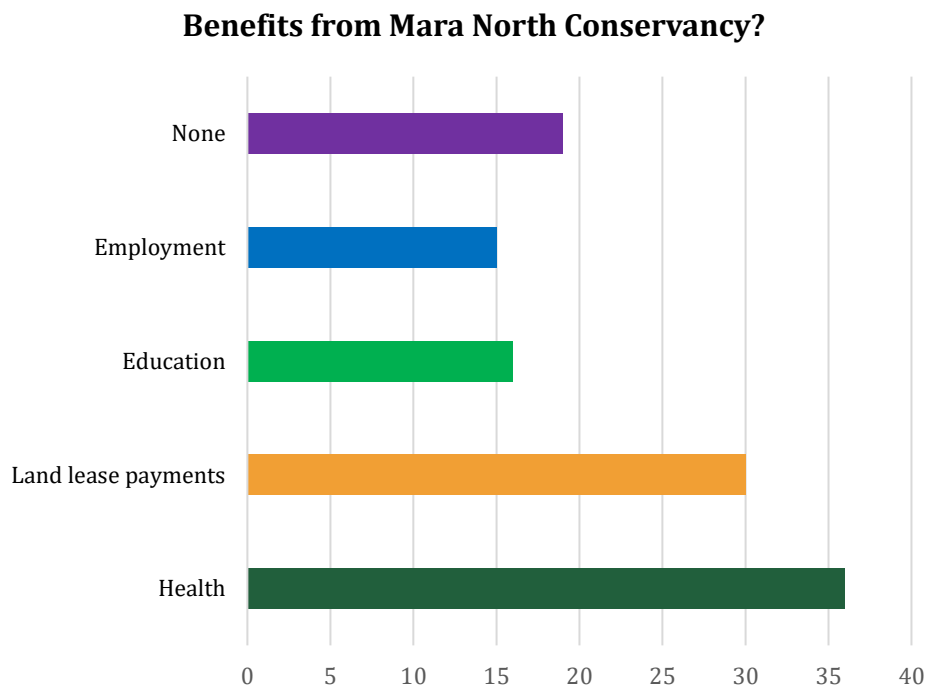
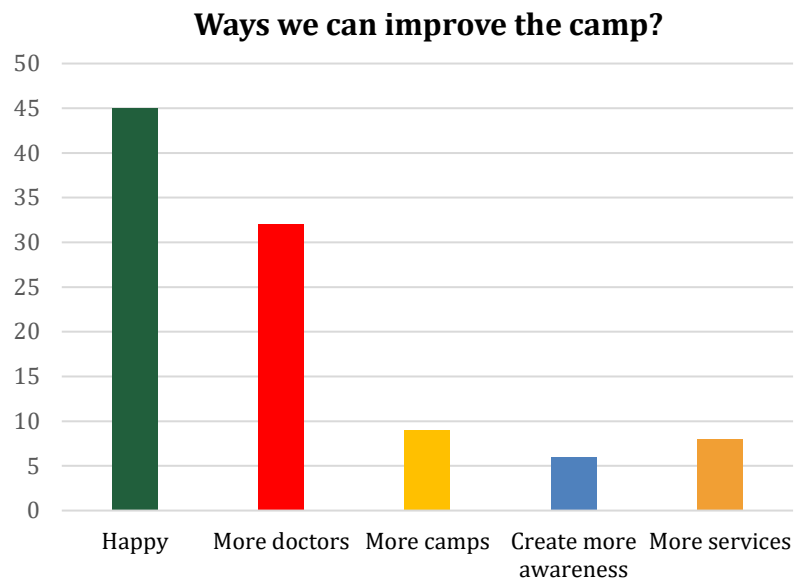
### Did they attend last year's camp?



We asked the respondents how we can improve our services and 45% said they were happy with our service delivery, 32% requested that we add more doctors, 9% suggested that we hold the camp more than once a year, 6% proposed that we endeavour to create more awareness on health issues surrounding them. The remainder opined that we ought to provide more services e.g. optical, equip the Aitong Facility with better equipment, improve on the waiting time as well as cater to the needs of the disabled.

The free medical camps are made possible courtesy of the support provided by a selected tour partners and entities in the Mara North Conservancy. We wanted to

find out from the respondents whether they have received any benefits from the conservancy. 16 said through education (bursaries and sponsorships for the childrens' education, tranining for women), 36 said health (through the medical camps – free drugs and services), 15 said employment (salaries), 30 said through land lease payments while 19 said none. Worth noting is a majority of those who said none either had not attended previous camps or were not residents at the conservancy.





## Post-event SWOT analysis

At the end of the 3 days all doctors, clinic staff, volunteers and some partners met at the Mara Discovery Centre to appraise the camp. This is an open forum that is set aside to give all partners and participants an opportunity to give their views on the free medical camp. Some of the reactions include.



*Dr. Semo giving his views during the SWOT analysis*

Some doctors noted that the hygiene of the children has deteriorated and should be immediately addressed. This is important especially to avert preventable communicable diseases and general wellness of the children. Dr. Geertz observed that there were more serious dental issues compared to last year. He opined that it was as a result of too much sugar in the patients' diets – especially the children.

The Aitong Clinic staff observed that this year cervical cancer screening was a huge success because of the HPV campaign and availability of self-collection devices preceding it. They also remarked that organization was good and so was the ease of a referral system for the patients.



*Nathalie emphasizing a point*

The gynecologists also noted that uptake of contraceptives in the community is high and that will essentially make a difference in the community in the years to come.

The volunteer doctors also mentioned that the medical supplies compared to last year were adequate but emphasized that next year we should

put into consideration patients' needs and conditions to ensure that we match them to the

supplies that we bring in.

The lab technician noted that the lab request form was too bulky. She proposed that next time we only focus on putting the necessary information therein and consider printing on both sides of the paper to save paper and protect a patients' confidential information.

The doctors also proposed that all medical supplies going forward should be documented. This responsibility was given to Joshua the pharmacist at the clinic. They also advised that next year we should get additional translators in triage as well as get more help from someone with a background in medicine to take vital signs help doctors get a better picture of a patient's medical history.

As far as publicity is concerned, the data collectors observed that general awareness of who the sponsors of the medical camp was lacking from the community. They advised that during the radio campaigns more emphasis should be given on this

The team agreed that next year we should consider adding more doctors to ease the long queues eg. 3 GPs instead of 2. The general consensus was that 3 days are sufficient to run the medical camp no additional days are needed.

**Strengths of this year's medical camp as per the team include:-**

1. Creation of a WhatsApp group helped in communication flow – real-time. Updates, plans and co-ordination was made easier because all the major stakeholders were added onto the group. This helped in quick decision making as well as clarification on a number of medical and non-medical issues that cropped up from time to time.
2. Having obtained the data on HPV tests results was groundbreaking in the sense that this data is not available anywhere else specifically not with the Ministry of Health, County of Narok. Dr. Semo advised us to share this data with the county health officials to put all the patients screen on their grid.



Nduta, volunteer staff from MMWCA with one of our little patients

Dr. Semo further advised that we should lobby for government funded HPV test kits to boost our campaign

**Weaknesses**

1. Collaboration between MOH and partners was lacking. This has been partly due to logistical challenges. However, Land & Life assured the team that this will be a priority for next year's camp to ensure that we have the county government's support is imperative for the success of our future medical camps especially now that we have embarked on HPV and cervical cancer screening.
2. Dental hygiene has tremendously decline over the past year mainly because of poor dental hygiene and diet. The onus is now on the Aitong Clinic staff to create awareness and educate the community. The partners will support the staff to realize this goal.
3. The laboratory technician was overwhelmed with work this year. To remedy this, next year we will seek extra help either from the Ministry of Health or other Community Health Partners (CHP) affiliated clinics in the area.
4. Sensitization and awareness especially on personal hygiene and posture to avert many preventable ailments need to be done in the community. The partners will sit together to find out how this can be realized.



5. This year the licenses were obtained much later than in previous years. Land & Life and Kicheche also had to make additional expenses to pay for the foreign doctors' permits. Poor communication from the Kenya Medical Practitioners and Dentist Board was partly liable. Next year Land & Life will seek to get all the required information from the relevant department, in advance to avert this.

## Threats

1. Limits to what people can do and managing the community's expectations has continued to be a challenge especially for the partners. All partners agreed to meet and discuss how much they are willing to invest in this initiative and how we can ensure that it is sustainable. The resolutions from the meeting will be communicated to the community via the Aitong Health Centre.
2. Dental tools that were donated by Kicheche have been misplaced two years in a row. This it was observed could dampen a donor's support for this initiative. It was agreed that the Aitong Clinic staff need to take care of donations given to the facility and maintain an inventory. The staff promised that this will never happen again.

## Conclusions and recommendations

We all agreed that:

1. Next year we should have a nutritionist on board to work hand in hand with the pediatrician to educate mothers, evaluate their health and that of their children and based on their findings advise them on which foods they should eat. Hand in hand with this we should also include an ENT and eye specialist
2. If funds are prohibitive we should consider focusing on specific specializations e.g. an eye clinic
3. We should strive at safeguarding continuity to ensure that whatever intervention we start we see it through to the end for example HPV and cervical cancer screening.
4. We could look at addressing chronic pain among the women. This can be addressed in collaboration with all partners through public health and awareness creation. Another suggestion was to use patients' waiting time more efficiently to educate on nutrition, posture, hygiene.
5. Partners need to brainstorm and decide, for the sake of sustainability, how desperately the medical camp need to be offered for free.
6. We need to hold Ministry Of Health accountable – engage them more together with the Narok West county representatives and ensure that they are present during our strategy meetings



Land & Life and volunteer staff from MMWCA giving a donation of baby clothes to the mothers

## Award ceremony

At the end of the SWOT session, the community prepared an award ceremony to show their gratitude to our doctors and partners. A sneak preview to what was the highlight of that evening.



*All smiles!*



## Appendix 1: Partners logos



# Safarilink



# ANGAMA FOUNDATION



## Appendix 2 Medical Camp Licenses and foreign doctors' permits

Print Date : 24-Oct-2019

Serial No. 00463



### THE MEDICAL PRACTITIONERS AND DENTISTS ACT

(Cap. 253)

#### LICENSE TO CONDUCT A MEDICAL CAMP

This is to certify that COMMUNITY HEALTH PARTNER  
(Applicant's Name)

of P.O.Box 110 20500 NAROK  
Postal Address

is hereby granted authority to conduct a Medical/Dental Camp. Under the provisions of the Medical Practitioners and Dentists Act Cap.253

in NAROK / NAROK WEST  
County Sub-county

camp location AITONG HEALTH CENTRE  
Camp Location

sponsoring entity LAND & LIFE FOUNDATION  
Sponsoring Entity

Dated at Nairobi this 23rd day of October 2019.

**Note:** This medical camp is only authorised to run from **29th October 2019 to 31st October 2019.**

SEAL

Daniel M. Yumbya, MBS

Chief Executive Officer/Registrar

Kenya Medical Practitioners and Dentists Council

**Conditions of License:**

1. This License is Issued on Condition That Minimum Requirements Set By the Board for Conducting a Medical/Dental Camp Are Adhered To at All Times and That The Medical/Dental Camp is Not For Profit

/PW



Print Date : 24-Oct-2019

Form V B

No. 013337



**KENYA MEDICAL PRACTITIONERS AND DENTISTS COUNCIL**

*(The Medical Practitioners and Dentists Act, Cap. 253)*

**TEMPORARY LICENCE FOR FOREIGN DOCTORS**

Dr. CLAUDIA ELIA MASON  
(full name)

of P.O.BOX 110 20500 NAROK  
(address)

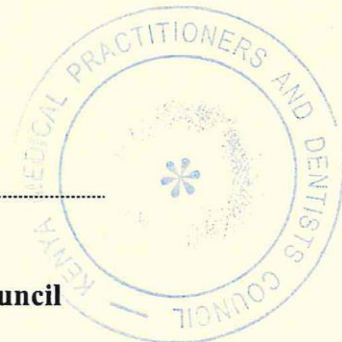
Qualifications MD(ZARAGOZA) 1979

Is hereby licenced by the Kenya Medical Practitioners and Dentists Council to render  
Medical services at AITONG HEALTH CENTRE  
(name of approved institution)

In accordance with the provisions of section 13 of the Act.

Dated this 23rd day of October 2019.

**Daniel M. Yumbya, MBS**  
**Chief Registration Officer/Registrar**  
**Kenya Medical Practitioners and Dentists Council**



**CONDITIONS OF LICENCE:**

1. This licence is valid for a period of **1 MONTHS** from the date hereof ( **29-10-2019 to 31-10-2019** ).
2. The licence is authorised to render medical or dental services, as the case may be only at the institution mentioned in this licence.
3. The licensee is entitled to engage in training employment.
4. This licence does not entitle you to engage in private practice.
5. Signature of the Holder .....

/PW



Form V B

No. 013335



**KENYA MEDICAL PRACTITIONERS AND DENTISTS COUNCIL**

*(The Medical Practitioners and Dentists Act, Cap. 253)*

**TEMPORARY LICENCE FOR FOREIGN DOCTORS**

Dr. GEERT FRANCIS VERSYCK  
(full name)

of P.O.BOX 110 20500 NAROK  
(address)

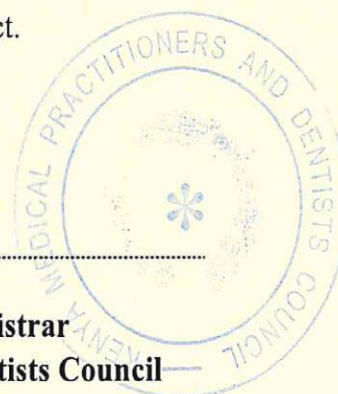
Qualifications BD(HASSELT) 1985

Is hereby licenced by the Kenya Medical Practitioners and Dentists Council to render  
Dental services at AITONG HEALTH CENTRE  
(name of approved institution)

In accordance with the provisions of section 13 of the Act.

Dated this 23rd day of October 2019.

Daniel M. Yumbya, MBS  
Chief Registration Officer/Registrar  
Kenya Medical Practitioners and Dentists Council



**CONDITIONS OF LICENCE:**

1. This licence is valid for a period of **1 MONTHS** from the date hereof ( **29-10-2019 to 31-10-2019** ).
2. The licence is authorised to render medical or dental services, as the case may be only at the institution mentioned in this licence.
3. The licensee is entitled to engage in training employment.
4. This licence does not entitle you to engage in private practice.
5. Signature of the Holder .....

/PW

Form V B

No. 013336



**KENYA MEDICAL PRACTITIONERS AND DENTISTS COUNCIL**

*(The Medical Practitioners and Dentists Act, Cap. 253)*

**TEMPORARY LICENCE FOR FOREIGN DOCTORS**

Dr. KAREN ISABELLA VERMEERSCH  
(full name)

of P.O.BOX 110 20500 NAROK  
(address)

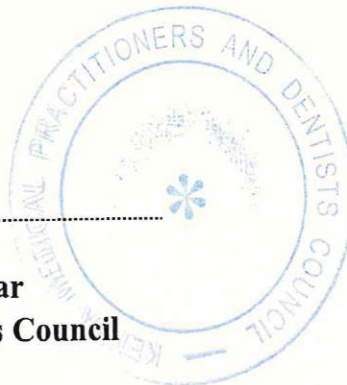
Qualifications MD(LEUVEN) 1996

Is hereby licenced by the Kenya Medical Practitioners and Dentists Council to render  
Medical services at AITONG HEALTH CENTRE  
(name of approved institution)

In accordance with the provisions of section 13 of the Act.

Dated this 23rd day of October 2019.

**Daniel M. Yumbya, MBS**  
**Chief Registration Officer/Registrar**  
**Kenya Medical Practitioners and Dentists Council**



**CONDITIONS OF LICENCE:**

1. This licence is valid for a period of **1 MONTHS** from the date hereof ( **29-10-2019 to 31-10-2019** ).
2. The licence is authorised to render medical or dental services, as the case may be only at the institution mentioned in this licence.
3. The licensee is entitled to engage in training employment.
4. This licence does not entitle you to engage in private practice.
5. Signature of the Holder .....

/PW

## Appendix 3: Medical Camp schedule

### Day 1: Monday 28<sup>th</sup> October

Time	Activity	Facilitators	Venue	To do
By 9.00 a.m.	Team checks in at Safarilink	Safarilink	Wilson Airport	-
10.00-11.00a.m	Flight Nbo-Wilson to Mara	Safarilink	Wilson airport	-
12.00- 1.00 pm.	Lunch	EPC & Kicheche	EPC & Kicheche	-
2.00 – 4.00 p.m.	Facility tour Briefing by Clinical Officer and Community Facilitator in charge	Koikai – CO at Aitong	Aitong Health Centre	Introduction, meet the staff, allocate rooms, translators, share ideas and general organisation
4.30 – 6.30 p.m.	Game Drive	EPC/ Kicheche	MNC	
7.00 p.m.	Arrive in respective camps			
7.15 – 8.30 p.m	Dinner and retire for bed			

### Day 2: Tuesday 29<sup>th</sup> October

Time	Activity	Facilitators	Venue	To do
7.00 – 7.45 a.m.	Break fast	EPC/ Kicheche	EPC/ Kicheche	-
8.00 a.m.	Depart for Aitong	Respective camps		
9.00 – 4.00p.m	<b>Main activities:</b> Gynaecological screening /Treatment , Paediatrics, Dermatology, Dental and general Clinic	All the doctors assisted by the clinic staff	Aitong Health Centre	Staff from partner organisations to run errands for the medical team as need arise. Organise lunch for all (1.00 – 2.00 p.m.)
4.15 - 4.30 p.m.	Wind up & prep for tomorrow	Everyone	Aitong Health Centre	
4.45 p.m.	Depart for respective camps	All doctors and reps from L&L, Kicheche	EPC/ Kicheche	
6.45 p.m.	BONFIRE and freshen up		EPC/ Kicheche	
7.15 -8.30 p.m.	Dinner & retire for bed	EPC/ Kicheche	EPC/ Kicheche	

### Day 3: Wednesday 30<sup>th</sup> October

Time	Activity	Facilitators	Venue	To do
7.00 – 7.45 a.m.	Break fast	EPC/ Kicheche	EPC/ Kicheche	
8.00 a.m.	Depart for AHC	EPC/ Kicheche		
9.00 – 4.00p.m	<b>Main activities:</b> Gynaecological screening /Treatment , Paediatrics, Dermatology, Dental and general Clinic	All the doctors assisted by the clinic staff	AHC	Staff from partner organisations to run errands for the medical team as need arise. Organise lunch for everyone
4.15 – 4.30 p.m.	Wind up & prep for tomorrow	Everyone	AHC	
4.45 p.m.	Depart for respective camps	All doctors and reps from L&L, Kicheche	EPC/ Kicheche camps	



<b>6.45 p.m.</b>	BONFIRE and freshen up		EPC/ Kicheche	
<b>7.15-8.30 p.m.</b>	Dinner & Retire for bed	EPC/ Kicheche	EPC/ Kicheche	

#### Day 4: Thursday 31<sup>st</sup> October

Time	Activity	Facilitators	Venue	To do
<b>7.00 – 7.45 a.m.</b>	Break fast	EPC	EPC/ Kicheche	
<b>8.00 a.m.</b>	Depart for AHC	L&L and EPC team		
<b>9.00 – 3.00p.m</b>	<b><u>Main activities:</u></b> Gynaecological screening /Treatment , Paediatrics, Dermatology, Dental and general Clinic	All the doctors assisted by the clinic staff	Aitong Health Centre	Staff from partner organisations to run errands for the medical team as need arise. Organise lunch for everyone
<b>3.15- 4.45 p.m.</b>	SWOT analysis	Everyone	Mara Discovery Centre	
<b>5.00– 6.00 p.m.</b>	Wind up and depart for the camps	All doctors and reps from L&L, Kicheche	EPC/ Kicheche camps	
<b>6.45 p.m</b>	BONFIRE and freshen up		EPC/ Kicheche	
<b>7.15 p.m- 8.30p.m.</b>	Dinner Retire for bed	EPC/ Kicheche	EPC/ Kicheche	

#### Day 5: Friday 1<sup>st</sup> November

Time	Activity	Facilitators	Venue	To do
<b>7.15 – 8.15 a.m</b>	Breakfast	EPC/ Kicheche	EPC/ Kicheche	
<b>9.30- 1.00 pm</b>	Staff camp check-ups	Doctors	EPC/ Kicheche/ Saruni	Liaise with the camps
<b>1.15 p.m.</b>	Hot lunch at the camps	EPC/ Kicheche/ Saruni	EPC/ Kicheche/ Saruni	liaise with the camps
<b>2.15 p.m.</b>	Depart for the airstrip	EPC/ Kicheche/ Saruni	EPC/ Kicheche/ Saruni	liaise with the camps
<b>5.00 p.m.</b>	Arrive at Nairobi - Wilson	Safarilink		

## Appendix 4: List of medical supplies

Highridge Pharmacy	
List of meds and supplies	Total
<b>ANALGESICS/NSAIDS</b>	
Paracetamol suppository 125mg	KES 1,020.00
ibuprofen tab 200mg	KES 520.00
meloxicam tab 7.5 mg	KES 1,110.00
diclofenac tab 50mg	KES 1,600.00
diclofenac inj 75mg	KES 800.00
ibuprofen tabs 400mg 100's	KES 600.00
<b>ANTI-ALLERGY MEDICATIONS</b>	
chlorphenylamine maleat syrup 100's	KES 1,250.00
chlorphenylamine maleat tab 1000's	KES 120.00
<b>ANTIBIOTICS</b>	
Amoxil 500mg caps(generic) 100's	KES 960.00
Nitrofurantoin tabs 100mg 100's	KES 200.00
Norfloxacin tabs 400mg 100's	KES 900.00
levofloxacin tab 500mg 10's	KES 1,000.00
Cefixime tab 400mg 5's	KES 1,000.00
Ciprofloxacin tabs 500mg	KES 1,520.00
ciprolen D eye drops	KES 1,375.00
Hydrocortisone eye drops	KES 1,440.00
gentamycin eye drops	KES 1,000.00
Metronidazole 400mg tabs	KES 875.00
Metronidazole syrup 200mg/ml	KES 1,250.00
tinidazole tabs 4,s 500mg	KES 850.00
doxycycline tab 100mg	KES 1,000.00
Amoxclav tab 625mg 10's	KES 2,800.00
Ranitidine inj	KES 200.00
Trimex cough syrup 100ml (adult/paed)	KES 1,200.00
Dinac gel	KES 1,250.00
Discardit syringes 5ml	KES 700.00
Discardit syringes 10ml	KES 1,000.00
Microlance needles 23G	KES 150.00
Microlance needles 21G	KES 150.00
Safety boxes 5litres*	KES 1,500.00
Disposable gloves	KES 4,000.00
<b>GYN0 SUPPLIES</b>	
Absolute formalin	KES 700.00
Cotton wool - 5	KES 1,050.00
Applicator sticks WITH COTTON	KES 300.00
Hand sanitizers	KES 2,320.00

KAM Pharmacy		
	Items	Price
1	Cervical Biopsy Forceps	KES 47,000.00
2	Sterile Cervical Exam	KES 6,350.00
3	Sterile Gloves	KES 1,500.00
4	Vaginal Speculum L	KES 3,500.00
5	Vaginal Speculum S	KES 1,750.00
6	Lugol's Iodine 2%	KES 800.00
7	Acetic acid 3-5%	KES 700.00

Dawa Pharmaceuticals	
List of meds and supplies	Price
<b>ANALGESICS/NSAIDS</b>	
Paracetamol 500mg tabs	KES 3,220.00
Paracetamol syrup 125mg/5ml	KES 2,700.00
ibuprofen susp. 100mg/5ml	KES 1,450.00
cetirizine tab 10mg	KES 2,100.00
cetirizine syrup 5mg/5ml	KES 1,250.00
prednisolone tab 5mg	KES 1,750.00
Amoxil 125mg/ml 100ml	KES 1,500.00
Amoxil caps 250mg 100's	KES 700.00
Flucloxacillin caps 250mg	KES 1,260.00
Flucloxacillin syrup	KES 3,750.00
Ampoclox caps/syrup(generic)	KES 2,400.00
Cotrimoxazole syrup 100ml	KES 1,450.00
Erythromycin 500mg tabs	KES 2,500.00
Erythromycin syrup 100ml	KES 1,440.00
azithromycin tab 500mg 3's	KES 1,350.00
azithromycin syrup 200mg/5ml	KES 1,000.00
albendazole 400mg tab	KES 1,600.00
albendazole 400mg susp.	KES 3,400.00
Ceftriaxone injection 1g	KES 1,750.00
Clotrimazole pessaries 6s	KES 1,760.00
clotrimazole cream	KES 800.00
nystatin oral drops	KES 2,880.00
acyclivir tab 200mg	KES 540.00
omeprazole caps 20mg 100's	KES 1,000.00
antacid syrups 100ml	KES 2,240.00
Multivitamin syrup 100ml	KES 2,700.00
FUROSEMIDE 40mg tab	KES 275.00
hydrochlorthiazide 50mg tab	KES 300.00
enalapril tab 5mg	KES 270.00
silver sulfadiazine cream 1%	KES 220.00
betamethasone cream/ointment	KES 1,250.00
hydrocortisone cream/ointment	KES 660.00
zinc sulphate 20mg tab	KES 360.00

Urine containers	KES 6,000.00
Ultrasound gel	KES 1,500.00
Dispensing envelopes 100's	KES 1,750.00
<b>ANTI-FUNGAL MEDICATIONS</b>	KES 0.00
fluconazole tabs 200mg	KES 750.00
griseofulvine tablets 125mg	KES 1,200.00
Griseofulvine tablets 250mg	KES 1,880.00
Micanazol 2	KES 6,375.00
<b>ANTI VIRAL MEDS</b>	KES 0.00
acyclovir cream	KES 2,400.00
<b>ANTI ACIDS</b>	KES 0.00
anti acid tabs	KES 700.00
Hpylori kit	KES 2,070.00
<b>HAEMATINICS</b>	KES 0.00
ranferon syrup 100ml	KES 2,000.00
ferrous/follic acid tab	KES 1,500.00
ferrous salt tab 200mg	KES 410.00
Multivitamin tabs 1000's	KES 740.00
Vitamin B complex tab 1000's	KES 400.00
<b>CARDIOVASCULAR MEDS</b>	KES 0.00
nifedipine 20mg tab	KES 900.00
carvedilol tab 6.25 mg	KES 1,500.00
losartan tab 50mg	KES 1,000.00
aldomet /methyldopa tab 250mg	KES 370.00
Losartan H tabs 28's	KES 1,050.00
Metformin 500mg	KES 2,250.00
Glibenclamide 5mg	KES 2,250.00
<b>DERMATOLOGICAL AGENTS</b>	KES 0.00
calamine lotion	KES 1,000.00
Zinc Oxide cream	KES 875.00
Zinc and Castor cream	KES 1,300.00
<b>ANTI EMETICS</b>	KES 0.00
metoclopramide tabs 10mg 100's	KES 120.00
Domperidone syrup	KES 2,100.00
Ondansetron syrup	KES 2,475.00
<b>LAXATIVES</b>	KES 0.00
bisacodyl tab 10mg	KES 200.00
LACTULOSE SYRUP 100ml	KES 1,900.00
Lignocaine injection 30ml	KES 280.00
<b>ANTI DIARRHEAL MEDS</b>	KES 0.00
loperamide tab 5mg	KES 450.00
oral rehydration solution	KES 1,750.00
zinc sulphate 20mg tab	KES 450.00
<b>RESPIRATORY SYSTEM MEDS</b>	

inhaler salbutamol 100mc g /dose	KES 1,850.00
Provoidine iodine oral solution	KES 1,600.00
Dextrose 5%	KES 1,200.00
Infusion set	KES 300.00
Scalp vein	KES 100.00
Branullar	KES 500.00
Saline nasal drops	KES 3,000.00
<b>Test kits and equipment</b>	
Normal saline 500ml	KES 600.00
Surgical spirit	KES 1,750.00
Insulin mixtard	KES 1,530.00
Urine Analysis	KES 2,000.00
VDRL Rapid Test	KES 3,120.00
Brucellosis Test	KES 2,200.00
Salmonella Typhi/Paratyphi Antigen Test	KES 4,500.00
H Pylori Antigen test	KES 4,100.00
Fecal Occult Blood Test (FOBT)	KES 9,000.00
Pregnancy Test Strips	KES 1,400.00
Hepatitis B Surface Antigen	KES 1,470.00
Rheumatoid Factor test	KES 2,200.00
Blood Grouping & Rhesus (A,B & D)	KES 3,600.00
Haemoglobin Test (301)	KES 4,000.00
Haemoglobin Test (201)	KES 4,000.00

Biozeq Laboratories		
	Item	Price
1	Repeater pipette 1.25ml	KES 352.00
2	Repeater pipette tips 500ul (0.5ml) 100/pkt	KES 1,760.00
3	50 ul fixed volume pipette	KES 0.00
4	Repeater pipette	KES 0.00
5	Foam tube rack	KES 0.00
6	Powder free latex M.E. gloves medium Lot 111023432-100	KES 7,040.00
7	Universal 200 ul 2160 XLG reach pipette tips (racked 96 tips/rack)	KES 5,280.00
8	Care HPV collection medium 619025	KES 49,280.00
9	Care brush for collection 619024	KES 35,200.00
10	Care HPV test CE (96-test) Cat No 614015	KES 88,000.00
11	Plate seales 100 pieces/pk	KES 1,760.00
12	Laboratory charges	KES 80,000.00



